

What is ICT?



What are the benefits of using ICT at home?

We know that ICT can help children to:

- Develop skills for life
- Keep up with their peers
- Access a wider variety of learning materials
- Perform better at school
- Become confident users of technology
- Have fun!

Watch Childnet's 'Know it All for Parents' DVD for more ideas

How can you help to develop your child's ICT skills?

Encourage your child to:

- Write an email or a letter to a friend
- Research a school project online
- Take a digital photo on a family day out
- Play interactive games
- Create some digital artwork



Staying Safe Online

Keep personal info private such as:

***Full name *photos *address *school name *phone number.**

- Keep passwords secret and change them often.
- Use an online nickname instead of your real name.
- Turn privacy settings on and keep strangers out.

ZIP IT



BLOCK IT



FLAG IT



UKCCIS*

- Block people who send nasty messages and don't open unknown links and attachments.
- Always delete emails from people you don't know. They might be nasty or contain a virus that can stop your computer working.

- If you see anything that upsets you online or if someone asks to meet up with you, flag it up with someone you trust.
- If you are worried or unhappy about anything you see online, tell a parent or an adult who can help.
- If an online friend asks to meet you in the offline world, talk to your parents or a trusted adult about it. **Never go alone!**

For further info or advice visit: www.thinkuknow.co.uk